



## DAY STARTERS

### **TRIPLE BERRY SMOOTHIE \$7**

With raspberries, blackberries, strawberries, yogurt, honey and 100% fruit juice.

### **YOGURT PARFAIT \$7**

With yogurt, granola and berries.

### **TROPICAL FRESH FRUIT SALAD \$7**

With cantaloupe, honeydew, pineapple, grapes and oranges.

### **TOASTED EVERYTHING BAGEL**

With cream cheese **\$6**

Add smoked salmon & red onion to bagel **\$9**

## HOT BREAKFAST

### **SUNRISE BREAKFAST \$17**

Two eggs served any style with tater tots, mini fruit smoothie, and toast. Choice of bacon, sausage, black forest ham, or small fruit cup.

### **BLACK FOREST HAM WRAP \$17**

Fresh farm scrambled eggs, sweet peppers, and black forest ham, wrapped in a warm flour tortilla with melted cheese. Served with tater tots.

### **SPINACH, MUSHROOM AND FETA WRAP \$17**

Fresh farm scrambled eggs, sweet peppers, spinach, mushrooms and feta, wrapped in a warm flour tortilla with melted cheese. Served with tater tots.

### **OMELET \$18**

Served with toast and tater tots. Choose up to three (3) toppings: Tomatoes, mixed peppers, black olives, spinach, bacon, ham, mushrooms, green onion, sausage, shredded cheese, feta cheese.

*\*Additional toppings \$0.75 each*

*\*Egg white omelet also available*

### **EGGS BENEDICT \$20**

A toasted English muffin with soft poached eggs topped with hollandaise sauce. Made with your choice of Black forest ham, smoked salmon, or sautéed spinach. Served with tater tots.

### **STACK OF PANCAKES \$17**

A stack of pancakes served with a fresh berry compote, whipped cream, and syrup. Choice of bacon, sausage or black forest ham.

### **SMOKED BRISKET WRAP \$17**

Fresh farm scrambled eggs, sweet peppers, and smoked brisket, wrapped in a warm flour tortilla with melted cheese. Served with tater tots.

### **BREAKFAST CLUB \$18**

Your choice of whole wheat, white, or rye bread stacked three high with smoked bacon, fried egg, cheddar cheese, black forest ham, tomatoes, lettuce, and mayonnaise. Served with tater tots.

### **BANANA BREAD FRENCH TOAST \$18**

Two slices of banana bread dipped in cinnamon egg dipped topped with caramelized pecans.

### **ALBERTA STEAK & EGGS \$28**

6 oz. Alberta beef striploin cooked to order, two eggs, tater tots, toast, and grilled sliced tomato with parmesan cheese.

## SIDES

2 slices of toast (white, whole wheat)	<b>\$5</b>	Tater Tots	<b>\$5</b>
Yogurt (Plain)	<b>\$5</b>	1 Egg	<b>\$5</b>
Breakfast Sausage or Bacon	<b>\$5</b>	Oatmeal	<b>\$7</b>

### **FOOD ALLERGY NOTICE:**

Please be advised that food prepared here may contain the below ingredients.



\*Gluten-free options are available, please ask your server for more details\*

All prices are subject to GST at the current rate and exclusive of gratuities. 15% gratuity will be added to tables of 6 or more.